

## DEAR BODY SCAN INTERNATIONAL PATIENT

Thank you for scheduling your Body Scan examination. We are committed to providing you with outstanding service, along with our revolutionary diagnostic technology.

There are a few “do’s and don’ts” regarding your appointment.

### DO:

- Expect a **confirmation call** from us five (5) business days before your appointment. At the time of the confirmation call, please be prepared to give us a credit card number in order to hold your reservation. This number will be kept in a confidential, secure database. As our time slots are limited, it is essential that we have confirmation. **If you are going to be unavailable by telephone, please check in with us to confirm. The confirmation telephone line is (888) 724-8439.** If we have not heard from you, our policy is to fill the slot with a patient from our waiting list. This policy was adopted in order to keep the scheduling wait to a minimum. **Please note that we do require a minimum of two business days notice for a cancellation. If you fail to give us the required notice on a cancellation, we will charge your account with a non-refundable \$200 late cancellation fee.**
- Wear a comfortable two-piece outfit. Ladies, please wear a bra without metal attachments. If you do not have one, you will be asked to remove your bra before the scan. Please do not apply any lotions or powder to the chest area the day of your appointment.
- **Anticipate a stay in our center of approximately 3-4 hours.** Upon your arrival, your paperwork will be collected, and we will review the consent form with you. You will then be led to the testing area, where the scan will be performed. The scan will take approximately 10 minutes. At the conclusion of the scan, you will be placed in a private video chair, where you will see an informative, detailed video regarding the test. You will then be informed of the approximate time until the consultation (there is often a gap between the scan and the consultation ranging from 1 – 2 hours). During this time, there are some local dining options to explore.
- We consider the **private consultation** with our physician an essential part of the Body Scan experience. The consultation is a time when you are taken on a 3-Dimensional tour of your body. The consultations take approximately 30-45 minutes. Please keep in mind that we cannot allow small children to attend the consultation, nor are we able to care for children during your consultation.
- One copy of the Body Scan report will be mailed to each patient. If you have a prescription, then you will receive one copy, and your physician will receive one copy. In most instances, you will receive your report in 10 working days. **Please** consider this when scheduling an appointment with your personal physician. Medical images are available after your consultation. Conventional x-ray films are not available.

## **DON'T:**

- **Do not have any solid food for eight hours. Don't eat or drink (including water) for six hours prior to the examination.**
- **Don't be nervous. The Body Scan test is conducted in a relaxed personalized atmosphere.**

We are here to provide a healthcare experience unlike any you have ever experienced. Our staff is experienced and here to be of assistance.

Please understand that as a healthcare provider, we come across many variations in patient condition. These variations can make our schedule unpredictable at times.

**Early Disease Detection:** While the annual physical is still important, Body Scan Internationals' early detection system can uncover asymptomatic and often life-threatening disease generally not detectable by physical exam or standard screening tests. This allows for management of disease at earlier stages, where medical therapy and treatment options are less costly and less invasive. We look from the base of the neck to the pelvis, checking the structure of your bones and organs.

Please note the following important information regarding the Body Scan examination:

- While this test does not measure blood flow, it does provide an early detection device for calcified plaque development in the coronary arteries. Plaque is a complex substance that can grow in the artery. Measuring the amount of calcific plaque is a good early indicator for the risk of heart attack.
- We provide a high-resolution scan of the lungs, providing early detection well beyond the chest x-ray.
- This examination complements, but does not replace, a mammogram.
- We visualize the stomach with virtual gastroscopy and look for structural abnormalities, masses, cancer, and polyps. **The colon and small intestine are not visualized on the standard Body Scan exam.**
- In the gallbladder, we will typically detect gallstones that have calcified. Gallstones without calcification are harder to detect and may not be visualized.
- Our 3-Dimensional software allows us to virtually take apart the spine, detecting disc bulges, structural abnormalities, and measure bone density utilizing QCT (Quantitative Computerized Tomography). **The examination does not include visualization of the neck vertebrae (cervical spine). This area can be added to your visit. If interested, please check with Body Scan staff for details.**
- Visualization of the ovaries is dependent on the individual anatomy of the patient.
- While this test will look at the prostate gland, we will not be able to detect very early abnormalities. This test should not be used as a replacement for the PSA test.
- This test should not be used for follow-up of metastatic disease.

**This is an early screening test to help locate potential problems before they become serious. This information can put you on track toward stopping, slowing, or preventing later problems. Questions regarding the medical appropriateness of our test for specific symptoms should be addressed to your personal physician.**

Thank you, and we look forward to serving you.